

Deluxe Hiking

# The Kerry Mountains

Trip Grade: **Blue 6**



  
Wilderness Ireland

[View Trip Dates](#)  
[Book Now](#)



# The Kerry Mountains

The Irish writer JM Synge describes Kerry as a 'wild paradise' and the Iveragh and Dingle Peninsulas certainly live up to this description! Home to Ireland's soaring peaks, the Ring of Kerry region boasts no less than nine of the country's ten highest mountains. The sweeping ridges and soaring summits of these lofty peaks present an enticing challenge to all keen hikers.

Over seven days, we'll hike through Killarney National Park, explore the wildest sections of the Ring of Kerry and the Dingle Peninsula, summit two of the highest mountains in Ireland, walk along white sand beaches, travel forgotten pilgrimage paths and take in some of the most spectacular views in Ireland. On this Deluxe-grade trip, we'll relax in the finest, hand-picked Deluxe accommodation Kerry has to offer, feasting on the finest fare.

## Highlights

- Hike in Ireland's highest mountain range, summiting Ireland's highest peak, Carruntuohill
- Traverse Kerry's two great mountainous regions on the Dingle and Iveragh Peninsulas
- Explore the Ring of Kerry from a unique perspective while relaxing in Kerry's finest Deluxe accommodation

## Book With Confidence

- We guarantee this trip will run as soon as **2** people have booked
- Maximum of **8** places available per departure

**PLEASE NOTE** – The itinerary may be subject to change at the discretion of the Wilderness Ireland Guide with regard to weather conditions and other factors.



Wilderness Ireland



# Planned Itinerary

Day 1 | [Killarney National Park](#)

Day 2 | [Mangerton Mountain & Devil's Punchbowl](#)

Day 3 | [Sailing the Lakes of Killarney](#)

Day 4 | [Carrantuohil - Ireland's Tallest Mountain](#)

Day 5 | [The Legends of Annascaul](#)

Day 6 | [The Pilgrimage of Mt Brandon](#)

Day 7 | [Inch Beach](#)

## Arrival Info

- Your Guide will meet you in Killarney Railway Station by the ticket machines
- **12.00pm** on Day 1 of your trip

## Departure Info

- You will be returned to Limerick Railway Station
- **1:00pm** on the final day of your trip

**PLEASE NOTE** – The itinerary may be subject to change at the discretion of the Wilderness Ireland Guide with regard to weather conditions and other factors.



Wilderness Ireland



## Day 1 | Killarney National Park

Meeting in the vibrant town of Killarney, we will head to the emerald meadows, shimmering lakes and solemn forests of Killarney National Park. Joining the Kerry Way for an afternoon's hike, enjoy the backcountry of what once was the Muckross Estate flanked by the peaks of the Macgillicuddy Reeks past a beautiful waterfall before returning to our base in time for a hearty dinner. **(L, D)**

**Hike details:** 9 km/ 5.5 miles | approx. 4 hours

## Day 2 | Mangerton Mountain & Devil's Punchbowl

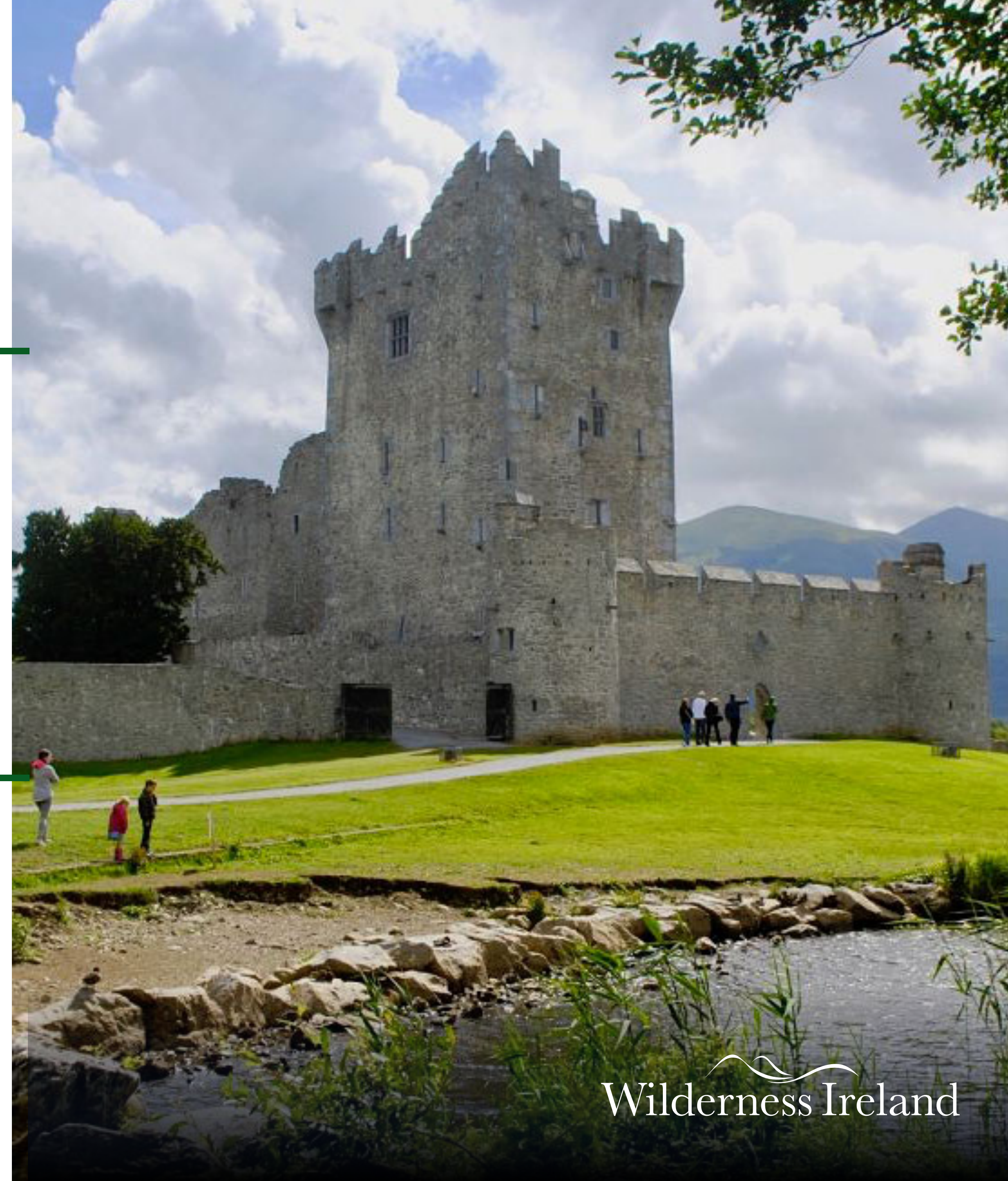
Mangerton Mountain is one of the largest areas of desolate wilderness in Ireland's southwest and is a perfect introduction to the terrain to come. The views from the ridge across the MacGillicuddy Reeks towards the higher peaks to come are absolutely spell-binding. The evocatively-named Devil's Punchbowl is a glacially-formed corrie lake where legend has it, a monster was banished by a saint into a watery grave. **(B,L)**

**Hike details:** 10km/ 6.5 miles | approx. 5-6 hours

## Day 3 | Sailing the Lakes of Killarney

We start our day by setting sail on the serene lakes of Killarney with the jagged peaks of Killarney's mountains as a stunning backdrop. Alighting from our boat at an idyllic location along the waters edge we take to one of the best portions of the Kerry Way. The route follows quiet roads and mountain tracks meandering their way through the Black Valley - so called as the region was the last place in Ireland to be connected to the electric grid in the 1970. **(B,L)**

**Hike details:** 13km/ 8miles | approx. 7 hours





## Day 4 | Carrantuohil - Ireland's Tallest Mountain

Today is a real highlight - our day's goal is to climb Carrantuohill, Ireland's highest peak! At 1,040m, its pointed summit presents an enticing challenge for any mountain lover. Taking into consideration various factors, our guide will decide the best route for attempting the summit on the day. As we hike, we'll enjoy wildflowers, spot raptors soaring on the mountain peaks and look out for Irish mountain hares. From the top, enjoy views over the Ring of Kerry as you stand at the top of Ireland! **(B,L)**

**Hike details:** 11km/ 7 miles | approx. 7 hours

## Day 5 | The Legends of Annascaul

Today, we leave the Iveragh Peninsula to hike a lesser known portion of the Dingle headland. Enjoy lush scenery steeped in legend, by following in the footsteps of mythological hero Cuchulainn, the Hound of Ulster, who hurled fiery boulders onto the summit of An Bhanog Thuaidh during a battle with a giant. We'll finish our hike at the South Pole Inn, home to a more modern legend. This is the family pub of local Antarctic explorer Tom Crean, who made attempts at the South Pole with both Scott and Shackleton! We'll also explore vibrant Dingle Town, where some of Ireland's best food and crafts are to be found. **(B,L)**

**Hike:** 10km/ 6 miles | approx. 4-5 hours





## Day 6 | The Pilgrimage of Mt Brandon

Our challenge today is one of the highest mountains in Ireland. Named after the 6th century monk St. Brendan the Navigator, the saint is said to have viewed “The Promised Land” from the summit of Mt Brandon, inspiring him to embark on his legendary voyage to North America nearly 500 years before the Vikings and 1,000 years before Columbus! We will follow a lesser-travelled route to the summit for stunning views of Brandon Bay. The Dingle Peninsula is a haven for artists and crafters and we will visit a local crafter’s workshop to learn more about Dingle’s long artistic heritage before an evening in Dingle town, arguably one of the strongest bastions of traditional Irish musicGreat. (B,L,D)

**Hike details:** 14km/ 8.5 miles | approx. 6-7 hours

## Day 7 | Inch Beach & Departure

After breakfast, we say goodbye to the group and depart our accommodation for Limerick train station, where you can begin your journey home. Along the way we will stop for a short walk along a glorious white sand beach savouring the opportunity for a final breath of fresh Atlantic air. (B)

**Hike details:** Max. 5km/ 3 miles | approx. 1 hours





## Trip Grading | Blue 6 | ●●●●●●●●

Blue graded hiking trips are suitable for fit and experienced hikers.

- We hike at a good pace and you can expect to be out for 6-8 hours a day.
- You will not always be on a path and the terrain underfoot can be rough and boggy, including boulder fields and mountain tops.
- Some of the daily hikes will involve a mountain ascent of over 3000ft/900m high.
- Daily distances will be typically up to 16km but may be longer occasionally. Daily hike details are available in the itinerary.
- The weather in Ireland can be unpredictable and at times can make activities more challenging. Please do bear this in mind when thinking about what trip to join.

If you have any questions about the grading, then please do give our Adventure Consultants a call to chat through your experience and suitability for this trip.



It is your responsibility to ensure you are appropriately fit and capable of doing the described hikes in the expected times. Please refer to the [grading section](#) on our website for more details. If you are unsure we encourage you to speak to us first.

Wilderness Ireland



## Accommodation and Meals

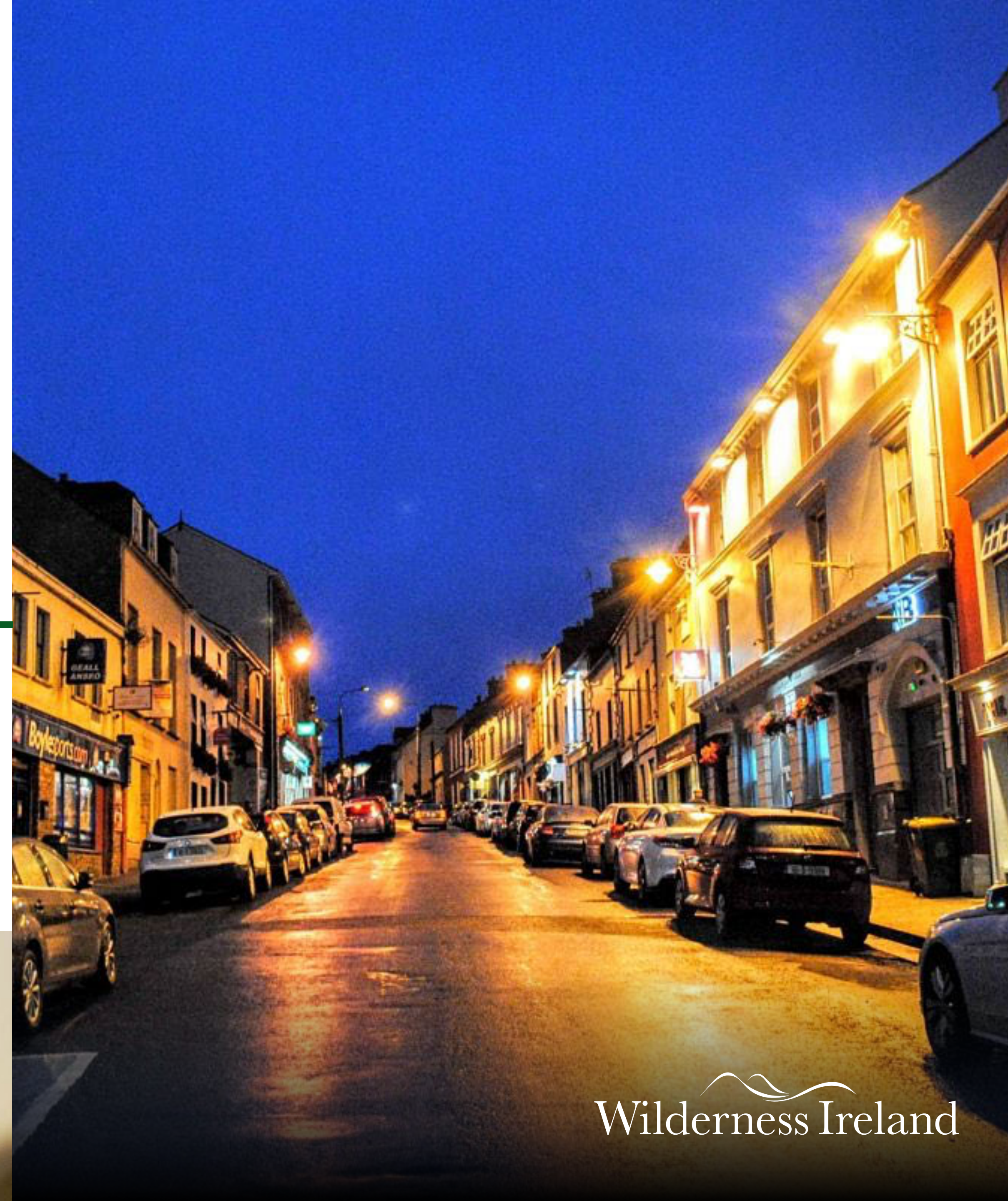
This hiking trip features Deluxe standard accommodations chosen for their excellent luxury and comfort in Kerry. Expect high-end, comfortable and characterful lodging in B&Bs, family-fun hotels or guesthouses, both in Dingle town as well as in the rural communities of Kerry. Accommodation is a choice of double or twin rooms, which are en-suite with a shower. Evening meals will be taken either in Dingle town, which offers a good choice of restaurants to suit every taste, or perhaps in a different location along the depending on the day's hike.

Each morning, enjoy a homemade breakfast of your choice at your accommodation. Lunch will be taken in a cafe in day 1, and a Wilderness Picnic along route. Throughout the day, your guide will provide water and tasty, Irish snacks. Evening meals are included on the first and last nights only. For all other evenings, your Wilderness Guide can provide expert recommendations.

## Single Rooms

There is no supplement charged to solo travellers, however you will be required to share a room with **another person of the same sex**. If you request a double room for single occupancy, a supplement of **€250** is charged.

Due to the nature of the accommodations we use, single supplement are limited and are allocated on a first come first served basis.





## Inclusions

### This trip includes the following:

- 6 nights accommodation in a hand-picked Deluxe-grade family-run guesthouses, B&Bs & boutique hotels
- Most meals, incl. all Breakfasts, Lunches on Days 1-6, and Dinner on Day 1 and Day 6 (**Meals included indicated as B=Breakfast, L=Lunch, D=Dinner**)
- The services of an experienced and knowledgeable hiking guide / driver throughout
- All transport throughout the trip starting in Killarney and finishing in Limerick
- Activities stated in itinerary, incl. boat tours, artist studio visit, etc.

**This trip includes all accommodation, guiding and travel, as well as mosts meals. It does not include drinks or any gratuities you may choose to leave.**





# Our holidays reviewed in your words...

“

*The scenery was beautiful, and there was an excellent balance of nature, history and culture. I also loved the flexibility of how to spend evenings/where to eat dinner*

**Lydia Schrandt 13/6/2018**

”



[All Trip Reviews Here](#)



## Your Guide

During this trip you will be accompanied and led by one of our professional guides. Our guides are among the most highly experienced and qualified in the country. Defined by their passion for Scotland's wild places, they have an intimate knowledge of the natural and social history of this land which they will be delighted to share with you. For more info and to meet the team please see our [Guide Pages](#).



## Sustainable Travel

Wilderness Ireland is committed to the development of Ireland's sustainable tourism sector. We focus on developing sustainable operational practices and we endeavour to support the local tourism economy in each of the areas in which we work.

We are a proud partner of the Burren Beo, which enhances our commitment to responsible activity in Ireland's wild lands, particularly in the Burren region of County Clare.

Wilderness Ireland is an active, participating member of Leave No Trace Ireland, an outdoor ethics programme designed to inspire responsible outdoor recreation through education, research and partnerships.

Thanks in part to the generosity of our clients by participating in our voluntary Conservation Contribution Scheme, we are able to provide financial support to a range of environmental and nature conservation charities and rural communities.





## Equipment List

Check out our guide on what to wear when adventuring in Ireland.

[Hiking-Kit-List-What-to-wear.pdf](#)



## Eat | Stay | See

Looking for accommodation for before or after your adventure with us?  
Check out our list of where to stay and what to do

[Eat – Stay – See – Dublin.pdf](#)



## Getting Around Ireland

From airports to trains to buses, read our Getting Around Ireland document for more information.

[Getting-Around-Ireland.pdf](#)



Wilderness Ireland



## Travel Insurance

It is your responsibility to take out appropriate travel insurance to cover you during your trip. This should include cover for cancellation prior to the trip\*, the activities undertaken (i.e hiking), curtailment, and adequate medical insurance for sickness/ injury and medical repatriation. We also strongly recommend you have cover for your other travel arrangements such as flights, and your personal possessions.

If you cancel your trip, charges will apply. Please see section 2 of our terms and conditions for a breakdown:

<https://www.wildernessireland.com/make-a-booking/booking-conditions/>

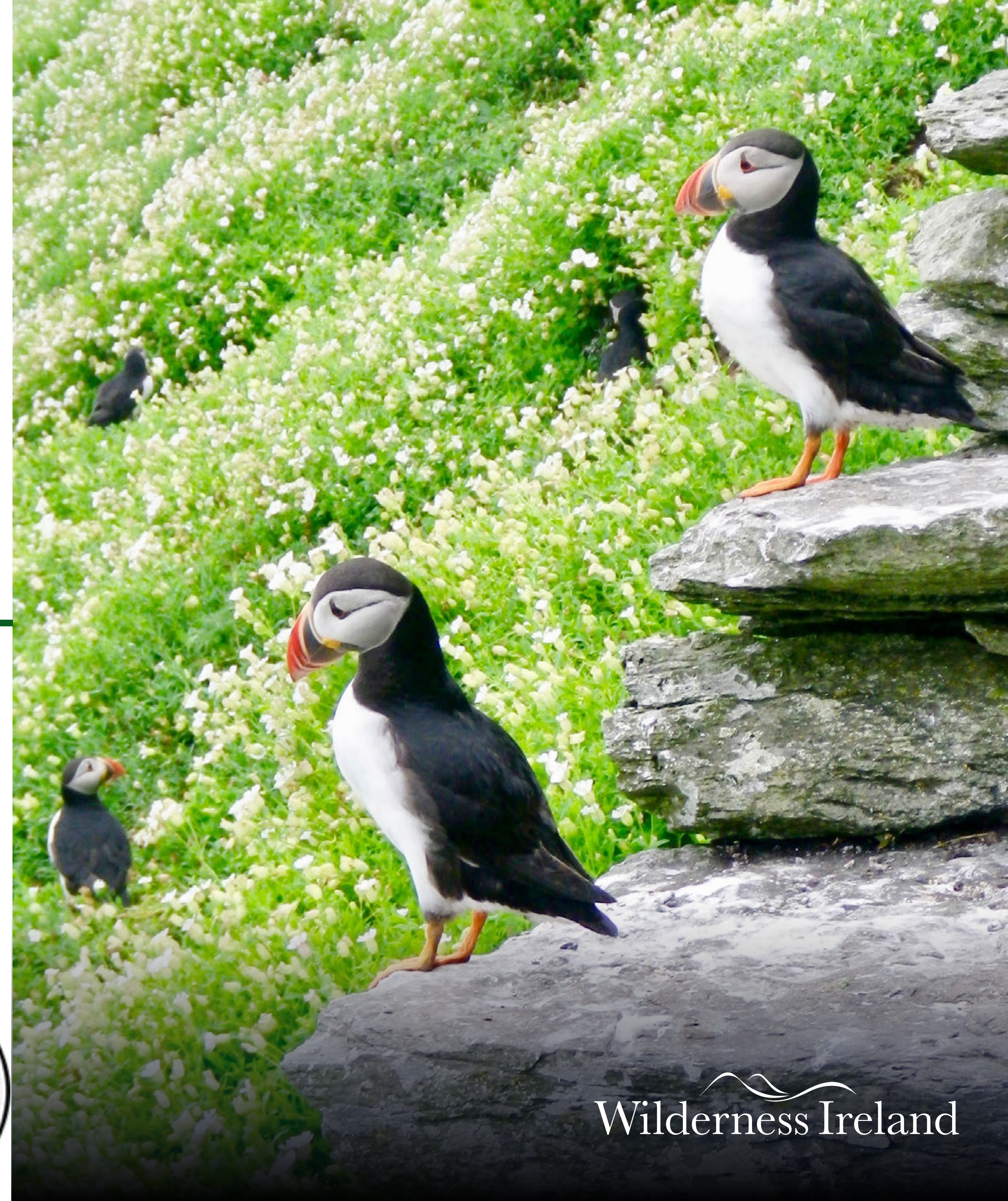
## Your Satisfaction, Guaranteed

At Wilderness Ireland, we believe our tours are top notch. To back that up, we're the only Irish travel company offering a no-strings-attached 100% Satisfaction Guarantee.

If you're not completely satisfied with any aspect of your trip, then let us know. If the issue was not resolved by Wilderness Ireland during your trip, then we'll invite you back to experience another Wilderness Ireland tour of similar value, FREE OF CHARGE to prove you can have a world class vacation in Ireland. See details more here.



The Wilderness Ireland logo, featuring a stylized wave icon above the brand name "Wilderness Ireland" in a serif font.





## FAQs

Looking for more information? Check out our frequently ask questions page.

[wildernessireland.com/faq](http://wildernessireland.com/faq)

## Questions To Ask? Ready to Book?

If you want to get in touch please send us an email or give us a call. We accept bookings online, by email, or over the phone. A deposit of 25% is required at the time of booking to secure the trip with the balance payable 8 weeks (56 days) before departure. If booking less than 56 days before the trip start date, full payment of the trip price is required immediately.

We accept payment by credit or debit card, or bank transfer.

email: [info@wildernessireland.com](mailto:info@wildernessireland.com)

Tel (EU): +353 (0) 91 457 898

Tel (US and Canada): 844-235-6240

[View Trip Dates](#)  
[Book Now](#)

 Wilderness Ireland

